

BVASCNA RCM Report- March 3, 2024

- TSRSCNA Minutes Attached
- 13 Trusted Servants, 12 RCMs, and 2 RCM Alts were in attendance.
- 3 nominations and 2 positions elected.
- TSRSCNA Committee Meetings:
 - BOD- every third Sunday at 10:30 AM via Zoom
- Announcements: A P.O. Box was removed. All donations must be sent to TSRSCNA, P.O. Box 423 and all literature invoices must be sent to TSRSO, Inc., P.O. Box 337.
- Trusted Servants' and Area RCM reports were not attached to sent TSRSCNA minutes' email. These reports can be requested.
- I brought Region meeting lists for PR.
- Old Business:
 - TSRSCNA minutes attached. No motions to be voted on by areas.
- New Business:
 - TSRSCNA minutes attached. No motions to be voted on by areas.
- Next RSC meeting April 13, 2024, 10:30 AM.
Zoom Meeting ID 961-695-3680 Password: 1953
The RSC meets second Saturdays every other even month of the year at 10:30 AM.
- TSRSO Literature Store Hours: Saturday & Sunday 10am-4pm
To place orders:
Electronically – store@tsrcna.org
Phone 412-462-4246
- GPS Address:
TSRSO
322 E 8th Ave
Homestead, PA 15120
- <https://tristate-na.org/>

Thank you for letting me serve,

Kristy M.

BVASCNA RCM

mindful_bliss@yahoo.com

XL

TRI-STATE SPIRITUAL RETREAT

Speaker / Chair Submission Form

May 24, 25, 26 2024

"Its Available To us All"

Name	Clean Date	Speaker 3 years for workshop 5 years for main	Chair 1 year clean
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2.			
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20.			

Submission of names are for retreat purposes doesn't guarantee a time slot on program

Please be mindful that the retreat is at Camp Heritage in Farmington, PA

Can also submit names and speakers tapes to Herrle5150@gmail.com

Tri-State Regional Service Committee of Narcotics Anonymous
 PO Box 423 Homestead, PA 15120; 322 E. 8th Ave, Homestead, PA 15120

“...directly responsible to those they serve. “

“Robert’s Rules and our policies and procedures are our practical methods for practicing
 Spiritual Principles.”

RSC Meeting Minutes February 10, 2024

- Open with Serenity Prayer 10:30 am
- Reading of 12 Steps by Kayla, 12 Traditions by Erin, and 12 Concepts by Frank
- Roll Call Regional Trusted Servants

Trusted Servant	Name	Email	February Attendance	Notes:
Chairperson	Megan M	meglouise520@gmail.com	Present	
Vice Chairperson	Phil M.	gmicvw@yahoo.com	Present	
Secretary	VACANT	VACANT	VACANT	VACANT
Vice-Secretary	VACANT	VACANT	VACANT	VACANT
Treasurer	VACANT	VACANT	VACANT	VACANT
Vice-Treasurer	Tracey	twc121759@gmail.com	Present	
P&A Chair	Rich M.	fishyrich29@live.com	Present	
P&A Vice Chair	Dan T.	Physodle723@gmail.com	Present	
H&I Chair	Frank L.	frank@lombardoconcrete.com	Present	
PR Chair	VACANT	VACANT	VACANT	VACANT
Outreach	VACANT	VACANT	VACANT	VACANT
Web Chair	VACANT	VACANT	VACANT	VACANT
Vice Web Chair	Mike O.	Moestreicher1976@yahoo.com	Present	
Regional Delegate (RD)	Gary T.	garyterling@gmail.com	Present	
Regional Delegate Alt. (RDA)	Lisa	l.polaski23@gmail.com	Present	
BOD	Paula K	pkassouf@yahoo.com	Present	Shari B. present
STL 40	Amy	Amyjo15132@yahoo.com	Present	
STL 41	Richard	Caddyrich2004@icloud.com	Present	
Spiritual Retreat	Mike	Mmadd24@ymail.com	Present	

Regional Committee Members (RCMs) by Area

Area	RCM/Email	February Attendance
BASCNA (Butler)		Absent
BVASCNA (Butler Valley)	Kristy M. (RCM) mindful bliss@yahoo.com	Present
Central Westmoreland (CWANA)	Greg M. (RCM) howitzer22292@gmail.com	Present – came late
Central Western (CWPASNA)	Richard carried vote (RCM Vacant)	Present
East End (EEANA)	Brandi (RCM) brandilynng@gmail.com	Present
Freedom Area	Kyle (RCM) kylesmithNA@gmail.com Kayal (RCM Alt) kshaderline@gmail.com	Present
Hope and Freedom (HAFANA)		Absent
Interstate Crossroads (ICANA)	Erin(RCM) erinmcdonough15@gmail.com Kevin (RCM Alt) Kevinrice1790@gmail.com	Present
Kinzua Area (KASCNA)		Absent
Lawrence County (LCASCNA)	Bridgette H (RCM) bridgettehall72@gmail.com	Absent

Lake Erie (LEANA)	Marie	Present – 1st half of meeting
Laurel Mt. Highlands (LMHANA)	Scott N. (RCM) Scott.Newcomer412@gmail.com	Present
Northeast Area (NEASCNA)	Rob (RSM) OusleyRobert808@gmail.com	Present – 1st half of meeting
North Pittsburgh (NPASCNA)		Absent
Pittsburgh Area (PASCNA)	Mike (RCM) shamenias@gmail.com	Present
Pittsburgh Inner City (PICANA)	Roberta (RCM) Robertashepherd141@gmail.com	Absent
Penn Ohio (POANA)		Absent
South Hills (SHASCNA)	Mike W. (Alt RCM) mikewolcott123@gmail.com	Absent
South West (SWANA)	Nick (RCM) nerrle5150@gmail.com	Present
Wheeling (WASCNA)	JD (RCM) jeraddsimpson@outlook.com	Present
We Area	Eugene (RCM) wanarcm23@gmail.com	Present

- Review of Minutes – minutes accepted.
- Welcome New Members – Richard representing Central Western, Toni nominated for position, Nick RCM for SWANA, Jeremy observing, Danielle observing, Zach observing
- Nomination and Elections
 - Toni was nominated for Regional PR Chair by PSACNA RCM, Seconded by NEASCNA RCM – **Not elected to position**
 - Paula K was nominated for BOD at Large Member (term ending January 2025) by EEANA RCM, Seconded by ICANA RCM - **Elected to position**
 - Shari was nominated for BOD at Large Member (term ending January 2026) by EEANA RCM, Seconded by NEASCNA RCM - **Elected to position**

*****Please announce*****

**Elections for all Regional Trusted Servants (except RD and RDA) will be held in April and June
List of Trusted Servant Positions and Clean time Requirements is attached.**

BOD at Large Vacancies

Term: February 2023 - January 2025 4 at large positions
Term: February 2024 – January 2026 3 at large positions

- TRSO Reports
 - BOD – Paula K presented, reported attached
 - BOD Treasurer – Shari presented, report attached
 - Start to Live 41 – Rich gave verbal report – Elections were held in January, will begin convening meetings for Start to Live 41
 - Start to Live 40 – Amy presented final report attached
 - Spiritual Retreat – Mike presented, report attached
- TRSASCNA Trusted Servant Reports
 - Treasurer – Tracey presented, report attached
 - Regional Delegate – Gary presented, report attached
 - H&I - Frank presented, report attached
 - Sponsorship Behind the Walls, Troy presented, report attached
 - Web Chair - Miko O. presented, report attached
 - P&A – Dan reported, report attached

- RCM Announcements (RCMs) by Area

Area	Notes
BASCNA (Butler)	Absent - No report
BVASCNA (Beaver Valley)	Kristy reported – written report attached

Central Westmoreland (CWANA)	Greg gave verbal report
Central Western (CWPASNA)	Richard represented – No report given
East End (EEANA)	Brandi reported – written report attached Ties that Bind Event – March 23 rd – Flyer attached
Freedom Area	Kyle gave verbal report
Hope and Freedom (HAFANA)	Absent - No Report
Interstate Crossroads (ICANA)	Erin reported – Written Report Attached
Kinzua Area (KASCNA)	Absent - No report
Lawrence County (LCASCNA)	Absent – No report
Lake Erie (LEANA)	Present - No report
Laurel Mt. Highlands (LMHANA)	Scott N gave verbal report
Northeast Area (NEASCNA)	Rob submitted report - Unity Day coming up
North Pittsburgh (NPASCNA)	Absent - No report
Pittsburgh Area (PASCNA)	Mike gave verbal report
Pittsburgh Inner City (PICANA)	Absent - No report
Penn Ohio (POANA)	Absent - No report
South Hills (SHASCNA)	Mike gave verbal report - Game Night March 2 nd after Recovery on the Mount meeting
South West (SWANA)	Nick reported – written report attached
Wheeling (WASCNA)	Absent – No report
We Area	Eugene Report - Verbal Report given

- **Old Business:**

- **Motion 02 (12.09.23)** Initiated by H&I Chair, Seconded by NEASCNA RCM.
Motion: To change Sponsorship Behind the Walls from Outreach Committee to H&I Committee.
Intent: To better serve the addict behind the walls. Also, to help some of our older members get involved from home. **Result: Motion passed (10-0-0)**
- **Motion 03 (12.09.23)** Initiated by EEANA RCM, Seconded by PASCNA RCM. Motion: To transfer the responsibility of printing the Tri State Regional meeting list from the Tri State region back to the Board of Directors (BOD) so that the BOD can sell the meeting list
Intent: To make printed meeting lists more accessible to the fellowship in a cost-effective way **Result: Motion passed (8-2-0)**

- **New Business:**

- **Motion 01 (02.10.24)** Initiated by ICANA RCM, Seconded by EEANA RCM
Motion: To create a regional ad-hoc committee to review our region's involvement in zonal forums and how it does or does not benefit the fellowship in our region
Intent: To ensure prudent use of regional funds
Result: Motion passed (8-0-2) Kristy M and Kevin R selected as co-chairs. Committee to present final report at June RSC meeting.
- **Motion 02 (02.10.24)** Initiated by Regional Vice Chair, Seconded by SWANA RCM
Motion: To update the 12 concepts book to include modern language we today (example: replacing PI with PR)
Intent: For the language in our literature to reflect the reality of our service bodies
Result: Tabled to determine if WSC has this slated as a project before proceeding

- Close with the Serenity Prayer 1:45pm

NEXT REGIONAL MEETING April 13, 2024 10:30AM
Zoom Meeting ID 961-695-3680
Password: 1953

TSRSO Literature Store
Hours: Saturday & Sunday 10:am4pm
To place orders:
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Phone 412-462-4246

Please send mailed correspondence {for the Region and for Sponsorship Behind the Walls} to
Narcotics Anonymous
TSRSCNA/TSRSO
PO Box423